

Meet Rules and Information

The competition will be held under ASA Laws and ASA Technical Rules of Swimming. This event is LICENSED at Level 2 by the ASA.
The age Groups are: 10 , 11, 12, 13, 14, 15 and over. Age on 25 th April 2010
The pool length is 25mt, six lanes and will be equipped with electronic timing with full display and anti-wave lane ropes.
Awards will be given to the top three placed swimmers in each age group for each event.
Heats will be swum with all age groups combined and swimmers seeded by entry times. These entries will be accepted on a first come first served basis. Entries must be equal to or faster than the published times for each event. If a session is excessively over subscribed the promoters reserve the right to reject some of the latest entries. Time trials may be allowed at the discretion of the promoter providing they can be arranged without disruption to the meet. Swimmers doing a Time trial will swim in an open lane in the first heat. A swimmer doing a Time trial in the 200IM will not be allowed in the SKINS event.
SKINS: The six fastest swimmers from the heats of the 200IM events (Male and Female) shall qualify for the SKINS finals. Swimmers will be seeded in spearhead order, five heats swum at three minute intervals, the slowest swimmer from each heat shall be eliminated, the fastest swimmer in the final heat shall be the winner. Swimmers will remain in the same lane for all qualifying heats of the event and will be responsible to be at the start blocks for the time of their heat, swimmers will not be reinstated if they miss their heat. Slowest swimmers who dead heat will remain in the event for the next heat, two will be eliminated from this heat. The two fastest swimmers will swim in lanes three and four in the final heat, with the fastest in lane three. In the event of a dead heat the swimmers shall swim again.
Over the top starts will be used at the promoters discretion
The entry fee is £4.75 per event. One combined entry per club with one cheque. Clubs sending more than six swimmers will need to submit entries electronically using team manager lite from HyTek. All entries (less than 6 swimmers) must be on the official entry form, and must include the entrants NAME, ASA registration number, DOB and submitted times together with correct entry fees. No entries will be accepted after the closing date or during the meet unless due to promoters error or omission. Entries will not be registered unless accompanied by the correct entry fee. Cheques payable to City of Milton Keynes SC. Please provide a sufficiently stamped SAE for return of entry cards. Entries submitted outside the stated entry time will be rejected without refund.
Closing date for entries is: midnight 20th March 2010
Competitors times will be computer processed and result published on our web site thereafter.
Spectator Prices: Children Free Daily Programme £1 Saturday or Sunday All day : Adults £7 OAP £4 One session only Adults £4 OAP £2
Competitors must report to the competitor's steward when they are called. Any competitor not reporting in time may be excluded
Coaches are to supervise swimmers during warm up. Swimmers must follow the announced and posted warm up procedures.
Coaches Passes are available to Coaches supporting competing swimmers. This includes a programme & lunch. Coach passes must be ordered with entries to assist with catering £25 for both Saturday and Sunday. £14 for a One Day pass including lunch.
Only coaches and officials will be allowed mobile phones or cameras on poolside. Swimmers are not allowed mobile phones/cameras poolside. If caught they may be omitted from the meet.
Any conditions not covered in the above will be at the discretion of the promoters City of Milton Keynes SC. In accordance ASA Laws and ASA Technical Rules of Swimming.
All entries and enquiries to: Andre Marshall 44 Lincroft, Cranfield Beds MK430HT Tel: 01234750568. Email: andre.marshall@btconnect.com